

TRAILBLAZER N031 REPORT - Saturday 9/08/14 – Mt Lennard MTB – Pile Road

Well the at least the intrepid males among the 21 trailblazers that tackled TB No31 stayed upright; however once again as with this time last year - a few of our crew seemed to have a bit of trouble maintaining their equilibrium.

The route for this month's run followed the **Grizzly Trail** from the lower car park to the central trail head and returned ... approx 14kms of winding single track established primarily for the mountain biking fraternity but equally as rewarding for us trail runners. We also had a hardy group of guys continue on up ahead of the 'dead ant' brigade in the rear to tackle a further 6km route for 20kms in total. Well done guys for surviving the terrain and getting back under Sherpa Kling's guidance with surgical precision.

Like all good mob runs, we often regrouped to ensure that all abilities were catered for and no one was left alone for too long ... but I suggest in future we may need to provide a designated buddy for those of the group that tested their resilience by face planting the trail and remodelling their lycra running apparel(Sherpa Whitfield)



The weather gods were also smiling on us as the morning conditions were simply stunning and what else would you want to be doing at that our of a Saturday morning... honestly! And of course we can't forget the catering. Pattie's fresh scones, cupcakes, Tim Tams, slices of various types and the standout choice of the morning Michelle's orange segments. Just want you want with your morning coffee to recuperate NOT. So newcomers like Diego, Shawn, Steve, Mark, Renee and Tania ... don't panic ... it was the one and only time they will appear.

So where to next Tyrell Rd, Dardanup is scheduled for Saturday 13 September at 6.30am. This route, originally set by Tony Raudino is located just past the Pile Rd turnoff on the Ferguson Valley Rd. Don't forget to enter the Gallipoli Run on Fathers Day (7 Sept) out at Turkey Point. Whilst this is not a trail run it is a brand new 4km and 8km Fun Run sponsored by Bank West. So why not give it a go.



Some of the Trailblazers grouped together after the run to stay upright!



.... and some in their trail running positions



Can you identify the banned foreign matter?