

BUNBURY RUNNERS CLUB JUNIOR CHAMPIONSHIP & HANDICAP 2014/15 – POINTS & AWARD CRITERIA

This document explains the times and distances that each age group must run to qualify for 2014/15 point's accrual.

All Ages are taken as at 1st September 2014 and runners remain in that age group for the whole 2014/15 season.
All Junior Handicap & Championship runs will be on the 500 metre grassed track of the oval.

All Age groups run up to **7 x 2km (4 laps) Handicap races** with points awarded to both Female/Male for all 7 events (20pts 1st Female & Male, 19pts 2nd, 18pts 3rd, etc to 1pt for 20th, with all finishes after receiving 1pt each.

All Points count.

All Age groups run up to **7 x Championship races of various distances depending on age. Best 5 runs (or less) count** towards the Championship final points tally and each age group end of season overall Female/Male Club Champions.

Juniors 12+ may nominate to accumulate points towards the **Henk Stoffers Handicap Series** or the Junior 2km track handicap events. They are welcome to run in both but can only be awarded points for the series they nominate at the start of the season.

The aim is to offer juniors a variety of distances whilst allowing a fair championship which encompasses all juniors based on age and differing abilities as they mature.

The 8-11 Age groups running 2Km has been split into 2 separate divisions age 8-9 & age 10-11, due to the developmental difference between children of these ages.

Distances: - Age 5 & Under = 500m, Age 6-7 = 1Km, Age 8-11 = 2Km & Age 12+ = 3Km

Points Awarded for Championship times/distances run accumulate towards the Junior Female/Male Champions.

Age 5 & Under 500m (1 lap)

Girls	Boys	Points
2.15.00	2.00.00	5
2.30.00	2.15.00	4
3.00.00	2.45.00	3
3.45.00	3.30.00	2
Finish	Finish	1

Age 6-7 1Km (2 laps)

Girls	Boys	Points
4.15.00	4.00.00	5
4.30.00	4.15.00	4
5.00.00	4.45.00	3
5.45.00	5.30.00	2
Finish	Finish	1

Age 8-9 2Km (4 laps)

Girls	Boys	Points
8.30.00	8.15.00	5
8.45.00	8.30.00	4
9.15.00	9.00.00	3
10.00.00	9.45.00	2
Finish	Finish	1

Age 10-11 2Km (4 laps)

Girls	Boys	Points
8.15.00	8.00.00	5
8.30.00	8.15.00	4
9.00.00	8.45.00	3
9.45.00	9.30.00	2
Finish	Finish	1

Age 12-13 3Km (6 laps)

Girls	Boys	Points
12.30.00	12.00.00	5
12.45.00	12.15.00	4
13.15.00	12.45.00	3
14.00.00	13.30.00	2
Finish	Finish	1

Age 14+ 3Km (6 laps)

Girls	Boys	Points
12.15.00	11.45.00	5
12.30.00	12.00.00	4
13.00.00	12.30.00	3
13.45.00	13.15.00	2
Finish	Finish	1

Not Used at Present Time

Age 14+ 5Km (10 laps)

Girls	Boys	Points
21.00.00	20.00.00	5
21.15.00	20.15.00	4
21.45.00	20.45.00	3
22.30.00	21.30.00	2
Finish	Finish	1